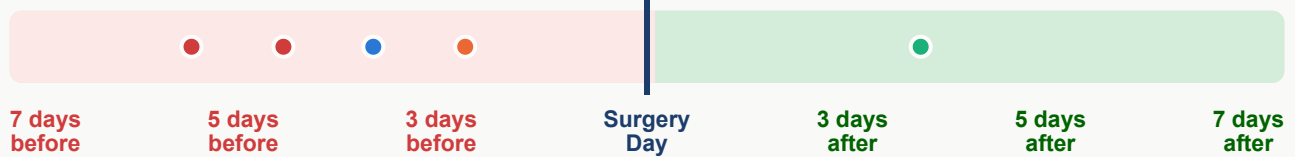


Surgery Medication Guide

Please read carefully and follow these instructions to prepare safely for your procedure.

YOUR SURGERY TIMELINE

Surgery Day



● Stop 7 days before ● Stop 3 days before ● Start 5 days before ● Continue after surgery

✓ MEDICATION TO START



Tylenol (Acetaminophen) 1,000 mg

Take 1,000 mg by mouth every 8 hours — with or without food

● Begin 5 days before surgery

● Continue 5 days after surgery

Why? Starting Tylenol early helps control pain and reduces the need for stronger narcotic pain medications during your recovery.

✗ MEDICATIONS TO STOP

MEDICATION	EXAMPLES	WHEN TO STOP
BLOOD THINNERS (ANTICOAGULANTS)		
Coumadin Warfarin	Warfarin tablets	7 days before
Eliquis Apixaban	Eliquis 2.5 mg / 5 mg	3 days before
Xarelto Rivaroxaban	Xarelto 10 mg / 20 mg	3 days before
ANTI-INFLAMMATORY PAIN RELIEVERS (NSAIDS)		
Aspirin Acetylsalicylic acid	Aspirin 81 mg, 325 mg	7 days before

MEDICATION	EXAMPLES	WHEN TO STOP
Advil / Motrin Ibuprofen	Advil, Motrin, Nuprin	7 days before
Celebrex Celecoxib	Celebrex 100 mg, 200 mg	7 days before
Mobic Meloxicam	Mobic 7.5 mg, 15 mg	7 days before
GLP-1 / SEMAGLUTIDE MEDICATIONS (WEIGHT & DIABETES)		
Ozempic / Wegovy Semaglutide (weekly injection)	Ozempic, Wegovy pens	7 days before skip 1 weekly dose
Mounjaro / Zepbound Tirzepatide (weekly injection)	Mounjaro, Zepbound pens	7 days before skip 1 weekly dose
Rybelsus Semaglutide (daily pill)	Rybelsus 3 mg, 7 mg, 14 mg	7 days before
SGLT2 INHIBITORS (DIABETES / HEART MEDICATIONS)		
Forxiga Dapagliflozin	Forxiga 5 mg, 10 mg	3 days before
Jardiance Empagliflozin	Jardiance 10 mg, 25 mg	3 days before
Invokana Canagliflozin	Invokana 100 mg, 300 mg	3 days before

× SUPPLEMENTS & VITAMINS TO STOP

Stop all of these 7 days before surgery

● Aspirin

● Calcium

● Echinacea

● Fish Oil

● Garlic

● Ginseng

● Glucosamine

● Chondroitin Sulphate

● St. John's Wort

● Vitamin D

● Vitamin E

⚠ Important Reminder: Do not stop any heart, blood pressure, or seizure medications unless your surgeon or care team specifically tells you to. If you are unsure whether a medication is safe to take, please call our office before stopping it on your own.